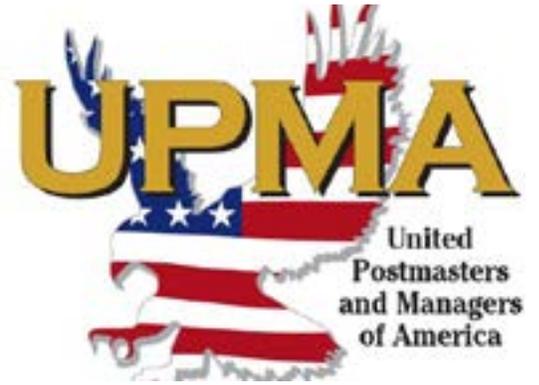


Illinois Postal News Leader



Jan / Feb 2017

United Postmasters and Managers of America ~ Illinois Chapter ~ est. November 1, 2016

Live, Love, Laugh



2017 ILLINOIS UPMA OFFICERS

PRESIDENTS

JOHN SERTICH
PO Box 273
Office: BELLVILLE IL 62220
18-233-0390
CELL: 618 830 6535
MSERT@HOTMAIL.CO

PATTI SADNICK
Po Box 136
Office Utica IL 61373
815-667-4801 cell 815 303 2555
PSADNICK@YAHOO.COM

SECRETARY/TREASURERS:

BEVERLY FREEHILL
109 W Walnut
Office Tremont IL 61568
309 925 5213 cell 309 925 3974
reehillbr@hotmail.com

SHELLEY ZELLERS
12646 SR 78 Havana IL 62644
Office: Havana IL 309-543-2581
Home: 217-836-2675
shelzel2@yahoo.com

EDITOR:

CHERYL QUAKA
Office: LaSalle IL 61301
office 815-223 2635 Cell: 815-685-7181
ipn_editor@yahoo.com

RETIREE PRESIDENT: ALICE WELLEN
10615 WELLEN RD. AVISTON,IL 62216-1013
618-616-7590
wellenpm@ezeeweb.com

RETIREE PRESIDENT Kathy Yager
10978 N 1325th St, Newton, Ill. 62448;
kathyyager@Yahoo.com,
(618) 783-2918 house,
(217) 508-3133 cell.

UPMA 2016 BI-WEEKLY DUES

Annual	Monthly	BI-weekly
Level E	\$137.00	\$5.27
Level 11	\$227.00	\$8.71
Level 12	\$237.00	\$9.12
Level 13	\$248.00	\$9.54
Level 14	\$261.00	\$10.04
Level 15	\$276.00	\$10.62
Level 16	\$299.00	\$11.50
Level 17	\$313.00	\$12.04
Level 18	\$327.00	\$12.58
Level 19	\$342.00	\$13.16
Level 20	\$361.00	\$13.89
Level 21	\$378.00	\$14.54
Level 22	\$406.00	\$15.62
Level 23	\$428.00	\$16.47
Level 24	\$450.00	\$17.31
Level 25	\$472.00	\$18.16
Level 26 +	\$496.00	\$19.08
TOTAL	\$217.65	
51-PMR	\$60.00	\$2.31

NATIONAL VICE PRESIDENTS

EDMUND CARLEY
PO Box 1, LINCOLN, IL 62656
Cell 217-899-9256
edmund.a.C=carley@att.net

Jim Maher
Chesterfield MO
Office 314 436-5248

Greg Nors
Office Hillsboro TX
Office 254 582-3572
cell 254 744-2241

REGIONAL

Meta Belford
OFFICE :WYOMING IL 61491
Office 309-695-6181
cell: 309-369-2071

Jerry Thixton
Office: Rochester IL
Office : 217 498-7212
cell : 217 836-6344

Rhonda Hitchcock
Office: OIC Abingdon IL
office 309 653-2477
rlhcatfarm@yahoo.com

Marianne Miller
Office: Winnebago IL
Office 815 335 1179
cell 815 908-9565
home 815 449-243

STATEWIDE COMMITTEES AND OFFICERS

Membership: META BELFORD OFFICE WYOMING IL 309-369-2071

Legislative: Marianne Miller 815-908-9565 and EDMUND CARLEY 217 899-9256

PAC: LARRY WIENEKE cell phone: 618-576-2550 larryawieneke@yahoo.com

Service Representative: GAIL SMITH 217-844-2158, glsmith07@hotmail.com

Constitution & By Laws: DEBBIE GRAVES 815-541-2546

Signature Credit Union Secretary: CAROL SUE CARNES, Brussels 62013, carnes2@frontiernet.net

Parliamentarian: RUTHIE CAUBLE 818-435-3222 HOME 618-218-5608

State Convention: Janet Spanos 815 433-1177 Patti Sadnick 815 667 4801

Scholarship: STEVE HALL WONDERLAKE IL

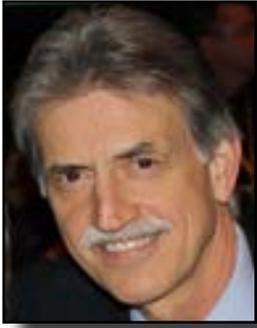
“Let us do
together what
we cannot do
alone”

UPMA Is not a union
It is a professional association
It is an organization of people
who hold proud titles. It does
not discriminate by race, gender,
or salary level. It is a vehicle, an
avenue, a method or a tool that
can and does help, assist, benefit,
and encourage you to be a better
Postal Manager

Fill out an 1187
and
JOIN TODAY!

~~~~~  
Retired?  
Fill out an 1187R

Illinois Postal News Leader is  
published by Illinois UPMA  
The views expressed in this  
publication do not necessarily  
represent the views of  
UPMA  
or its membership.



# John Sertich ~ Illinois State President

## FROM THE PRESIDENT’S DESK

Happy New Year to all. I hope you all had an enjoyable holiday season with family and friends. Normally this would be the time of year that your chapter officers begin their new terms and finalize plans for our annual events such as region meetings, the legislative conference and our state convention. This year is one of transition as we move forward as one organization. U.P.M.A.

2016 was the final year of our contract with Marriott for the Legislative/Leadership conference. We will have a legislative event on February 27-28, but it will be scaled back. It is not mandatory but our UMPA leadership strongly recommends states to participate, especially larger states with multiple congressmen. There will be no leadership classes, no formal assemblies save for one session with Bob Levi providing an overview of the new congress and our legislative agenda. The IL UMPA Executive Board approved travel funds for up to eight people. I hope we can return with news of support from our elected officials and information about future legislative events.

Our first UPMA Chapter State Convention is scheduled for April 6-8 at the Embassy Suites Hotel, East Peoria IL. Plan to arrive on Wednesday the 5th since the sessions begin in the morning on the 6th. We have a great deal of work to do this year. First we will be voting to approve Chapter by-laws. We will nominate and elect the first full slate of Illinois Chapter Officers; President, Secretary/Treasurer, and Vice Presidents.

I have a “date” circled in pencil on the calendar after I celebrate my 40th anniversary with the Postal Service in 2018 (hint, hint). Therefore I will not be seeking another term as your state president. I do hope there is interest and spirited competition for this office as well as all of the elected offices. Competition is a good thing; it drives performance and accountability.

The registration for State Convention is in the issue. I hope to see you there.  
Until next time.....

John



2017 ILLINOIS CHAPTER STATE CONVENTION  
EMBASSY SUITES & CONFERENCE CENTER  
THURSDAY APRIL 6<sup>TH</sup> – SATURDAY APRIL 8<sup>TH</sup>

NAME \_\_\_\_\_

OFFICE \_\_\_\_\_

ZIP CODE \_\_\_\_\_

Postmaster \_\_\_\_\_ OIC \_\_\_\_\_ Retiree \_\_\_\_\_

Associate Member \_\_\_\_\_ Auxiliary Member \_\_\_\_\_

Registration will be \$50.00 for everyone until March 15th. When you attend convention, your registration fee will be refunded to you in cash. So register early and take advantage of this great deal! (Spouse and guests are excluded from the free registration offer, sorry!)

Your registration fee covers Thursday luncheon, Friday luncheon & Friday evening Banquet .

To receive your money back, please have registration including payment postmarked by March 14th and attend the convention.

**NO EXCEPTIONS AND NO REFUNDS!**

Send your registration forms and fees to:

Shelley Zellers,  
12646 SR 78,  
Havana IL 62644

Rooms will be \$91.00 per night Single or Double/ \$101.00 Triple / \$111.00 Quad  
This price includes free breakfast buffet for all registered guests plus Managers Reception each night from 5:30-7:30. Room rate will be guaranteed until March 15, 2017. Reservations requested beyond the cutoff date are subject to availability.

Embassy Suites & Conference Center, 100 Conference Center Drive, East Peoria IL  
Telephone: 1-309-694-0200 or [www.embassysuiteseastpeoria.com](http://www.embassysuiteseastpeoria.com) Group Code: POS



## Edmund Carley~Area 1 National Vice Pres

### No Joke

When I was a letter carrier I used to tell a joke about the chain of command to all the new delivery supervisors I got, there were many! I would tell them: I'll do anything you tell me to boss. If it's illegal, immoral or unethical, I'll just need that order in writing.

These days it seems that some managers are prepared to make operational decisions not based on smart business moves, but by any means necessary, just to stay off of a district "list" measured against arbitrary indicators. Have you ever been told to do something that you wouldn't do normally just to get a carrier back by 1700? Have you been told to violate the National Agreements in order to avoid penalty overtime or, worse still, Full Day Off Overtime? Have you ever been instructed to make your employees do something so out of the ordinary that, in your opinion, it might be unsafe?

I have!

I debated and argued (imagine that?) but I was told the order was mandatory! So I asked for the order in writing: all joking aside, something I've never had to do before. That request was denied, I was informed that nothing mandated my manager to put an order in writing. I was amazed and frustrated, I said that I would do my best to comply, but made no commitments.

Then, I sent my manager an email...

In the email, I stated that further to our recent telephone conversation I understood my instructions to be etc.... Then I asked that if I was incorrect in my assumptions for them to contact me immediately. No contact was made so, de facto, I had my order in writing.

As it turned out, the order was not necessary and never needed to be followed but the story remains the same. Regardless of what District employees think, you the Installation Head are where the buck stops. Do what YOU think is right, don't waste postal funds chasing a number, don't violate safety rules or contracts just to make a made up target. If you ever feel that you are being made to do something against the best interests of you and your employees, get the order in writing. If your manager refuses to do that, then follow up with a clarification email, that will cover you if anything goes wrong.

I hate that this business comes down to this, but I fear going forward it is only going to get worse. Contact me anytime if you need help with this kind of thing.

Edmund A Carley  
Postmaster  
Lincoln IL 62656  
UPMA National Vice President  
National Legislative Chairman  
UPMA PAC Chairman  
Edmund.a.carley@att.net  
217-899-9256



## Patti Sadnick ~ Illinois State President

I know I speak for all of us when I say that we are glad to see the end of December. Peak season was a killer for everyone and I was certainly glad to get through it! January seems to be a month of catching up on anything and everything. However, I don't seem to be making progress at my desk at work...

The end of February, I, along with several others from Illinois, will be going to Washington, DC to talk to our Congressmen and Senators. This is an annual trip that sometimes seems like a waste of time when there is no new legislation presented. But if we don't keep trying to get things changed, it will stay the same.

Our first annual 2017 UPMA Illinois Chapter convention will be held at the Embassy Suites in East Peoria on April 6th, 7th and 8th. We are planning a very informational 2 ½ day convention that will include many Area and District personnel. Please make your plans to attend now and fill out the form included in this newsletter. You only have until March 15 to be included in the money back guarantee.

I hope to see many of you at our chapter convention in April. By that time, spring will be in our sights and the weather will be changing again. Make your plans to attend and visit with all your old and new friends. We look forward to seeing you!

Patti Sadnick  
Co-President UPMA Illinois Chapter



## Shelley Zellers ~ Secretary/Treasurer

### Events planned in 2017

As we begin the transition to UPMA, there are many decisions to be made. For instance, you may be wondering which events will continue, and which will become a memory of our past. I'm wondering, too! We are in uncharted territory and it will take time to determine the best future for Illinois UPMA. Currently, there are 3 events on the agenda for 2017: State Convention, National Convention, and Career Conference.

The 1st Illinois UPMA State Convention will be held in Peoria, Thursday, April 6 – Saturday April, 8 at the Embassy Suites and Conference Center. If you haven't registered yet, the form is in this publication. We're offering a refund of the registration fee if it's postmarked by March 14th. How can you pass up a deal like that?

The Galt House Hotel in Louisville, Kentucky will be the venue for our 2017 National Convention. The dates for this event are August 5 – August 10. If you're interested in attending, make your plans now and reserve a room at the hotel. Registration fee for the convention is \$215.00 until April 1. The registration form and hotel information are on the new UPMA website, [www.unitedpma.org](http://www.unitedpma.org).

Career Conference will be in the fall. I've attended this event several times and I always leave with new information. Any new knowledge that will make my job more efficient is always appreciated. I hope you will consider attending this year!



## Marianne Miller~ IL State VP

### 2017 Legislative Advocacy

The 116th Congressional members were sworn into office on Tuesday, January 3, 2017. On February 26th and 27th Illinois UPMA board members will travel to Washington D.C. to meet with U.S. House Representatives to discuss our position on postal reform. We will be briefed prior to our Capitol Hill visit by Bob Levi, UPMA Legislative and Regulatory Issues, and Edmund Carley, National V.P. West. Any member is welcome to join us, but please note that this will be the first year we are making our way to Congress sans the Leadership Conference, therefore all expenses are the responsibility of each individual attending the event.

This past election cycle turned heads and worlds in a way we have not experienced in our recent past. We need to keep heads turning and worlds spinning by being active and voicing our concerns passionately to our Congressman. Write a note welcoming new Representatives and Senators, and congratulate incumbents on their return to office. Addresses for your Congressman may be obtained at: [www.house.gov](http://www.house.gov) and [www.senate.gov](http://www.senate.gov). Stay informed and up to date on UPMA legislative news at: [www.unitedpma.org](http://www.unitedpma.org).

I look forward to the new format for legislative action, and know that each time we speak up and exercise our rights, we move forward in our cause for universal service, preservation of Postmaster positions, and the cessation of plant closings. Let's keep up the pressure and look forward to retiree pension and benefit security. Our voice counts!

Blessings to you and yours throughout the New Year.

Marianne Miller

IL Legislative Rep.



## Jerry Thixton~IL State VP

### We Could Not Have Had a Successful Holiday Season Without YOU!

Below is a list of ten ways Postmasters contributed to make this a successful holiday season. I am sure there are many more examples of peak season contributions from Postmasters and Supervisors. How many on list below did you complete in your own office???

How many more did you complete that are not on this list ?

1. Countless hours, (six and sometimes even seven days a week, if Amazon hubs) to ensure package delivery.
2. Completed all daily required reports and completed newly created end of day reports while staying until last carriers returned from street.
3. Delivered Express and packages and even used own vehicle to ensure timely delivery if no govt vehicle was available.

4. Reduced scheduled leave during peak season to help contribute to the team mission success.
5. Shoveled snow, spread salt, and delivered packages during the ice storm in mid December.
6. Planned for and handle a huge package increase ranging from 10% to 50% or even higher in some offices.
7. Controlled costs by providing relief to rural carriers during the Christmas Overtime Period.
8. Maintained work schedule for all assigned personnel during the busy holiday season, covering absences and pivoting under time in city offices.
9. Maintain clerk schedules and provide coverage in their home offices and up to 5 assigned remote managed post offices.
10. Volunteered to work Christmas Day to deliver any holiday Express.

I just want to thank all Postmasters, Supervisors, and employees who contributed to the overall success of this past peak season and wish you a very happy and healthy 2017.

Jerry L Thixton



## Rhonda Hitchcok~ IL State VP

### Check Out the New UPMA Website,

If you haven't done so already, check out the new UPMA website, [Unitedpma.org](http://Unitedpma.org). There, you will find much information about the Adverse Action Legal Defense Fund. Hartley Allen, UPMA legal defense attorney for

has an excellent article about Due Process in the Postal Service. He defines what it is, and explains the rights that are guaranteed to you by law, should an adverse action be proposed against you at work. If your boss is trying to demote or fire you, these rights include:

1. To be notified of the charges and reasons they wish to take action against you:
2. To be given a fair opportunity to see and study the evidence against you:
3. To be allowed a meaningful opportunity to respond and refute the charges:
4. To have an appropriate legal procedure by which you can appeal, which requires management to prove the charges and the basis for the punishment imposed.

If your boss calls you in for an investigative interview, you should immediately contact your UPMA representative. He or she will represent you through all stages of the process. This is an excellent and valuable benefit of being a member of the UPMA. Adverse Action Representatives are listed on the website, along with their contact information. Serving Illinois is John Sertich, Illinois UPMA Co-President. His contact information is also in the officer contact information in this newsletter



# Meta Belford ~ IL State VP

Happy New Year! By the time you read this 2017 will be well underway! Did you make any New Year's resolutions? Diet and exercise, quit smoking, contacting lost friends, making new ones? How about making new friends through UPMA and becoming more involved with your organization? Remember we all need to reach out and contact newly appointed Postmasters or supervisors to keep our organization strong. When you are reaching out to potential new members the following information will be helpful. The UPMA National Executive Board, approved six months free membership at their meeting on November 12, 2016. The six month free membership incentive is being offered for new EAS (active) membership and is effective immediately. Join on-line at [www.unitedpma.org](http://www.unitedpma.org) or by completing Form 1187 and mailing it to the UPMA National Office. The membership form can be reproduced and is a great tool to leave with a new Postmaster or supervisor along with the dues schedule. Most of the time when someone see's the amount of their dues are they are amazed about the reasonable rate. Please contact me if you have any questions concerning the membership promotion, or free membership eligibility. You can also contact the National Office at 703.683.9027. Meta Belford, V. President/Membership chair



**EDMUND CARLEY**  
**POSTMASTER -**  
**LINCOLN, IL 62656**

**ANNOUNCES HIS**  
**CANDIDACY FOR**  
**IL UMPA STATE**  
**PRESIDENT 2017**

City Letter Carrier 1998-2006  
 Supervisor Customer Service 2006-2008  
 Postmaster Level 20 2008-present  
 ASP Graduate  
 ELD Participant  
 Certified Facilitative Instructor  
 Certified ASP Trainer  
 Certified Route Inspection Team Leader  
 Trainer for DOIS, BME, Leadership  
 NAPS Member 2006-present

NAPUS Member 2008-2016  
 League Member 2008-2016  
 NAPUS National Vice President 2014-2016  
 NAPUS National Legislative Chairman  
 UPMA National Vice President 2016 - Present  
 UPMA National Legislative and UPMA PAC Chair  
 Postmaster Representative  
 Illinois Legislative Chairman  
 Training Conference Chairman  
 Dynamic - Fighting for Postmasters and Managers  
 Driven - Leadership on issues  
 Dedicated - Vision for the future of IL UPMA



## Carol Sue Carnes ~ Credit Union

### SIGNATURE FEDERAL CREDIT UNION

Hope everyone had a Blessed Christmas and that the New Year will be a happy, healthy and prosperous one for all.

Now that the holidays are over do you find yourself wanting to improve your finances? Signature Federal Credit Union would like you to save money by transferring your high-rate credit card balances to one of our low rate cards. You have until March 31st to do this. And, when you make a balance transfer you'll earn 1 point for every dollar transferred to a Visa Rewards Card or up to 2% for every dollar transferred to a Signature Visa Rebate Card. There is no balance transfer fee and no minimum finance charge.

Also through March 31st you can get one of our Signature Loans for 25% off our regular loan rates. Whether you want to consolidate debt, make that big purchase, pay for home improvements or take that dream vacation, our low rate loans can help you meet your goals.

I really don't know how many of our members have a smart phone, but, we are now offering a "Transfer Anywhere" feature. Now you can transfer funds from your account directly into another Signature FCU member's account with the click of a button. Just log into your account through Internet Teller or our mobile app. Click on "Transfers" then "Transfer to any account". Of course you will need the member's account number, ID number for the account and their last name. This saves you the trouble of worrying about cash or writing a check.

Once again the Signature FCU has teamed up with TurboTax to save you up to \$15. on TurboTax federal products plus a chance to win \$25,000. in the \$25,000. Payday Sweepstakes. With TurboTax they search over 350 deductions and credits to make sure you get the biggest possible refund, guaranteed. They also review every detail in your return, walks you through any final changes and gives you the green light to file. You can even connect with an expert live, on screen to get answers when you need them with TurboTax SmartLook. Try it online for "FREE" and provide your email address by February 16th to be automatically entered in the Sweepstakes.

Have you loaded our mobile app? If not, what are you waiting for? Download our app through AppleiTunes or Google Play and login using your Net Teller username and password. You can then view your account information and make transactions on the go.

Until next time,

Carol Sue Carnes, Secretary  
Signature Federal Credit Union

# RETIREEES CORNER



Alice Wellen ~ Retiree President

Kathy Yager ~ Retiree President

## Welcome To 2017.

This year and perhaps for the next few years it's going to be survival of the loudest.



As always our Congress will be looking for ways to cut, cut, cut. We must educate the new and younger Representatives and Senators to protect what we have. We've worked for years and must not give ground now. I am asking everyone to be vigilant. Study, learn and be aware of all legislation that affects you and your retirement.

Years ago we made sample letters, made labels for you and wrote to our Congressmen. Now it is so much easier and faster, and they respond faster also.

There are 47 organizations that assist federal workers, and one of the best is NARFE. We need to partner with them and utilize their wonderful site. Here it is" National Active and Retired Federal Employees Association (NARFE) <<http://www.narfe.org/>> Their hotline is 877-217-8234. I urge you to use these to keep informed.

If you can attend the Fly-In in Feb. wonderful, go, learn, and storm the Hill. If you can't, go to your computer and contact your Representatives and Senators. I kind of like that idea of having communications with folks who work for me while I am still in my pj's.

(Correction from last edition, I have only been to D.C. 26 times, not 36 as was reported, this was totally my error.)

Unfortunately, I will probably never get to 36, but I will keep letting my voice be heard and I urge you to do so also.

Blessings to all and lets work together for the betterment of UPMA

Sincerely,  
Kathy Yager,

Next articles are due

FEB 15th 2017

We will need state convention information ready

ILLINOIS CHAPTER UPMA SCHOLARSHIP APPLICATION

FULL NAME \_\_\_\_\_
HOME ADDRESS \_\_\_\_\_
DATE OF BIRTH \_\_\_\_\_ HOME PHONE NUMBER \_\_\_\_\_
HIGH SCHOOL NAME AND ADDRESS \_\_\_\_\_
NAME OF PRINCIPAL \_\_\_\_\_ DATE OF GRADUATION \_\_\_\_\_ Number of Students in
your class (High School) \_\_\_\_\_ YOUR RANK IN CLASS (High School) \_\_\_\_\_ GRADE POINT AVERAGE (High
School) \_\_\_\_\_ Based on a 4.0 or 5.0 SCALE (Please circle)
ACT Score \_\_\_\_\_ and/or SAT Score \_\_\_\_\_
COLLEGE NAME, city & state (if attending now) \_\_\_\_\_
Full name, work location (city, zip code) and Relationship of your UPMA member sponsor \_\_\_\_\_

NAME OF 2 year or 4 year COLLEGE or VOCATIONAL COLLEGE YOU PLAN TO ATTEND \_\_\_\_\_

HAVE YOU APPLIED FOR ADMISSION? (requirement) \_\_\_\_\_
HAS YOUR APPLICATION BEEN APPROVED? (requirement) \_\_\_\_\_
DO YOU CURRENTLY WORK? \_\_\_\_\_ IF YES, FOR WHOM? \_\_\_\_\_ AVERAGE HOURS
WORKED PER WEEK \_\_\_\_\_ DO YOU PLAN TO WORK WHILE ATTENDING
COLLEGE? \_\_\_\_\_ THE FOLLOWING ITEMS MUST BE INCLUDED WITH THIS
COMPLETED APPLICATION

- OFFICIAL HIGH SCHOOL TRANSCRIPT AND CURRENT COLLEGE TRANSCRIPT (if applicable)
-COPY OF ACT AND/OR SAT SCORE
-TWO CHARACTER REFERENCE LETTERS WRITTEN BY A NON-RELATIVE
-COPY OF LETTER OF ACCEPTANCE FROM THE COLLEGE OF CHOICE (not required if attending college) -A SUM-
MARY OF YOUR HIGH SCHOOL / COLLEGE COMMUNITY ACTIVITIES, AWARDS AND HOBBIES. List by name and
year Membership and other Participation and approximate time commitment for each school, community and volunteer activities.
Example: Yearbook Staff (10,11, college) 25 hrs. per month for 6 months / basketball (9,10,11,12, college) 40 hrs per month for 3
mos.
List by name and year Leadership Positions and Offices held, and approximate time commitment for each of school, commu-
nity and volunteer activities. Example: Student Council Representative (9,10,11,12) 12 hrs. per month for 5 months / 4-H Leader
(11,12, college) 5 hrs. per month for 4 months.
List by name and year the Honors and/or Awards you have received. Example: All Conference Basketball (11, college) / Boys/
Girls State (11) / Jr. Rotarian (10).
List any volunteer work positions you have had. Example: Candy Striper (11,12, college) 20 hrs per month for 3 mos / Farm
helper (11,12, college) 24 hrs. per month for 4 mos.
List any paid work positions you have had. Example: Grocery Store (11,12, college) 16 hrs per month for 2 mos / Café work
(10,11,12, college) 20 hrs per month for 4 mos.
-YOUR RESPONSE TO THE QUESTION "WHAT ARE YOUR CAREER GOALS AND HOW WOULD THIS SCHOLAR-
SHIP HELP YOU TO ATTAIN THEM?"

PLEASE NOTE:

APPLICANT MUST BE A CHILD, STEPCHILD, GRANDCHILD OR LEGAL WARD OF A MEMBER OR RE-
TIRED MEMBER, OF ILLINOIS CHAPTER UPMA.
PAST APPLICANTS/RECIPIENTS MAY APPLY
ALL INFORMATION SUBMITTED BECOMES PROPERTY OF THE SCHOLARSHIP COMMITTEE AND WILL
BE HELD IN STRICT CONFIDENCE
APPLICATION MUST BE POSTMARKED BY MARCH 1st
THE NUMBER OF \$1,000.00 SCHOLARSHIPS AWARDED WILL BE DETERMINED BY THE SCHOL-
ARSHIP COMMITTEE
SEND COMPLETE APPLICATION AND ALL ADDITIONAL INFORMATION TO: IL Chapter UPMA
Scholarship Committee
c/o Steve Hall, 8906 Burton Rd, Wonder Lake IL 60097-8202
If you need clarification on any point, contact Steve at the above address, or by telephone 815-575-2255, or
email to schall8906@comcast.net

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_



## Cheryl Quaka ~ State Editor

### Better Luck Next Time?

According to the Department of Health and Human services it was found In 16 of 22 studies addressing general health effects, overtime was associated with poorer perceived general health, increased injury rates, more illnesses, or increased mortality. Overtime was associated with unhealthy weight gain and increased alcohol and substance use. When 12-hour shifts combined with other work related demands, a pattern of more adverse findings was detected . Six studies examining 12-hour shifts combined with more than 40 hours of work per week reported increases in health complaints, deterioration in performance, or slower pace of work. The average number of hours worked annually by workers in the United States has increased steadily over the past several decades and currently surpasses that of Japan and most of Western Europe. The influence of overtime and extended work shifts on worker health and safety, as well as on worker errors, is gaining increased attention from the scientific community, labor representatives, and industry.

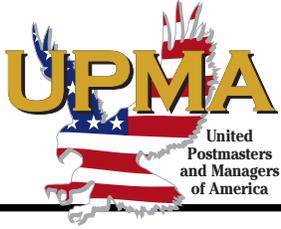
You might think that most accidents would happen toward the end of the day but last year in Central Illinois District they happened in the middle of the day. Could it be because our employee's find themselves fatigued at that time? Could it be that many work through lunch? Whatever the reason working our employee's six to seven days a week over 8 hours a day for long periods of time is not healthy or productive. What is the answer? How about if we hire the employees we need and futher streamline the hiring and bidding process. If you have a vacant route it can take months to get though the bidding process and get back up to full staff again. I had three carriers retire and two off with FMLA leave and two on limited duty assigments during the holiday season. I am an Amazon hub so we have a 7 day work week. After weeks of never ending days we had 4 accidents and illnesses that kept circulating around the office. We all kept coming to work sick because we had no choice. Certainly not an ideal situation. We made it through December so my plan was to buckle down in January and get CCA's converted into carreer positions and hire to get back up to full staff. Sounds like a good plan except the CCA spread came out and I am going to get fewer CCAs and President Trump has ordered a federal hiring freeze! Let's hope February brings better luck! If not, I will eat more chocolate and drink more wine. I dont want those studies to be wrong.

### Jack Wilkins announces

### He is Running for National President of Retirees

I am Jack D. Wilkins, Postmaster Retired, Reno NV and I have announced to become National President, UPMA Retired. The election will be during the National Convention in Louisville, KY in 2017. During the birth of our new organization consisting of Postmasters and Managers Retired, I firmly believe we need strong; experienced, and positive leadership to guide UPMA Retirees and continue to build on our successes of the past. I look forward with great anticipation to new ideas and initiatives as we work together to become even stronger.

I Thank You for your consideration and I would sincerely appreciate your support.



# Form 1187

**Request and Authorization for Voluntary Allotment  
of Compensation for Payment of Employee Organization Dues**  
*Fill Out Form On-line, Print it out, and Return to  
 UPMA National Office at the Address Below for Processing*

**Section A: All New Members Complete**  
*Your title determines whether you also complete Section B or C*

|                                               |                        |                       |                                                                         |
|-----------------------------------------------|------------------------|-----------------------|-------------------------------------------------------------------------|
| USPS Employee Identification Number (EIN)     | Social Security Number | Date of Birth         | Gender<br>Male <input type="checkbox"/> Female <input type="checkbox"/> |
| Name of Employee (PRINT Last Name, First, MI) |                        | Home Telephone<br>( ) |                                                                         |
| Home Address (Street and Number/Box)          | City                   | State                 | ZIP+4                                                                   |
| Personal E-mail Address                       |                        |                       |                                                                         |

**Section B: To Be Completed by Postmaster**

|                   |                                                  |          |                            |
|-------------------|--------------------------------------------------|----------|----------------------------|
| Post Office       | City/State                                       | ZIP code | Post Office Finance Number |
| Post Office Level | Postmaster's Direct Post Office Telephone<br>( ) |          |                            |

**Section C (Check One):**  **Manager/Supervisor**  **Associate**  **PMR-Only Complete**

|                                    |                             |
|------------------------------------|-----------------------------|
| Employee Title                     | PO/City/State/ZIP           |
| Post Office Telephone Number       | Employee Pay Schedule Level |
| Home Payroll Office Finance Number | Employee Designation Code   |

**Section D: For Use by the Employee Organization**



Mail completed form to: **United Postmasters and Managers of America (UPMA)**  
**8 Herbert Street**  
**Alexandria, Virginia 22305-2600**

**Section E: Authorization by Employee**

I hereby authorize the above-named agency to deduct from my pay each pay period the amount certified above as the regular dues the (UN-P) United Postmasters and Managers of America (UPMA) and to remit such amounts to that employee organization in accordance with its arrangements with my employing agency. I further authorize any change in the amount to be deducted that is certified by the above-named employee organization as a uniform change in its dues structure.

I understand that this authorization is a pay periods deduction. It will become effective the first pay period, following its receipt in the employee organization's headquarters office: UPMA, 8 Herbert Street, Alexandria, VA 22305-2600.

I further understand that revocation forms Standard Form No. 1188, "Revocation of Voluntary Authorization for Allotment of Compensation for Payment of Employee Organization Dues" are available from my employing agency and that I may revoke this authorization at any time by filling such a revocation form or other written revocation request "Certified Mail" directly to the employee organization's headquarters office: UPMA, 8 Herbert Street, Alexandria, VA 22350-2600. Such revocation will not be effective, however, until the first full pay period following March 1 or Sept. 1 of any calendar year, whichever date first occurs after the revocation is received in the employee organization's headquarters office.

|                       |      |
|-----------------------|------|
| Signature of Employee | Date |
|-----------------------|------|

**Section F**

Check this box to signify you've read and understood the terms in Section E of this form.

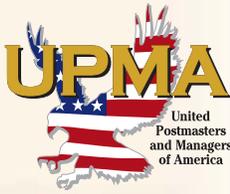
**Who/what most influenced your decision to join UPMA?**

---



---

**UPMA NATIONAL OFFICE FOR PROCESSING**



# 1st UPMA National Convention

Aug. 5-10, 2017

## Official Registration Form

Please complete one form per registrant. Photocopy the form for additional registrations.

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

**Title:** First Name (for your badge): \_\_\_\_\_

Postmaster  
 Supervisor Post Office You Represent City: \_\_\_\_\_ State: \_\_\_\_\_

Manager  
 OIC Your Mailing Address: \_\_\_\_\_

Associate  
 PM Retired City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP+4 \_\_\_\_\_

**First-Timer/PM Retired** Cell Phone: \_\_\_\_\_

**First-Timer?** E-mail: \_\_\_\_\_  
 Yes  No

### Convention Registration *(only one person per form):*

| Please circle the appropriate fee:                                                 | 9/1/16-12/31/16 | 1/1/17-3/31/17 | 4/1/17-7/15/17 | After 7/16/17 |
|------------------------------------------------------------------------------------|-----------------|----------------|----------------|---------------|
| Postmaster/Manager/Supervisor/OIC/Associate                                        | \$190           | \$215          | \$240          | \$265         |
| Postmasters Retired or Guest*<br><i>(PM Retired Luncheon included)</i>             | \$167.50        | \$186.25       | \$205          | \$223.75      |
| Auxiliary/Spouse/Postmaster Guest<br><i>(Does NOT include PM Retired Luncheon)</i> | \$142.50        | \$161.25       | \$180          | 198.75        |

Children (17 and under) \$75; includes child's meal at the Grand Banquet.

\*PM Retired member may have one guest (not an active PM) register for the same price.

Grand Banquet: Aug. 9, 2017

### Payment Information

Convention Fee: \$ \_\_\_\_\_

\_\_\_\_\_ Additional tickets for Postmasters

Retired Luncheon @ \$25 each \$ \_\_\_\_\_

**Total Payment:** \$ \_\_\_\_\_

Check payable to UPMA

Visa/MasterCard

Card number \_\_\_\_\_

Card security code: \_\_\_\_\_ Expiration date: \_\_\_\_\_  
(3- or 4-digit code imprinted on card)

Signature: \_\_\_\_\_

**Mail with full payment to UPMA National Convention Registration, 8 Herbert St., Alexandria, VA 22305-2600.**

**Questions? Call 703-683-9027**

### Hotel Reservation

UPMA has a special rate at the convention hotel beginning Sept. 1, 2016. You must call the hotel directly to make a reservation. The National Office will not handle room reservations. **To make a reservation, you must make a deposit to the hotel in the amount of your first night's lodging; this deposit is non-refundable after May 1, 2017.** All room cancellations must be made directly with the hotel. To secure the special UPMA rate, you must identify yourself as part of the UPMA convention. The rate is available only until July 1, 2017, or all rooms in the block are sold, whichever comes first.

### Galt House Louisville

1-800-THE-GALT  
 (1-800-843-4258)  
 \$119—single/double/triple/quad

**Be sure to request the Postmaster convention rate.**

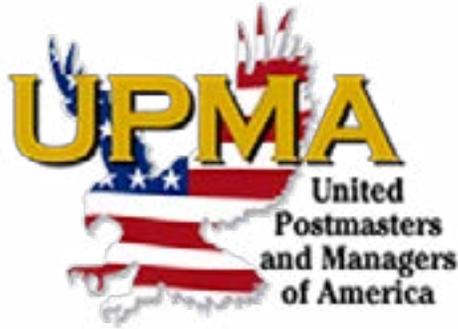
### Registration Cancellation Refund Policy

Requests for cancellation refunds must be made in writing to the UPMA National Office. Requests must be postmarked by April 1, 2017, for 75 percent refund; and by July 1, 2017, for 50 percent refund. No refunds after July 1, 2017. These dates will be strictly adhered to; exemptions may be made with approval of the UPMA co-presidents.



# Illinois Postal News Leader

Cheryl Quaka  
PO BOX 1611  
La Salle, IL 61301-1611



US POSTAGE PAID  
LINCOLN IL  
PERIODICAL  
Permit No.2

## POSTMASTER REPS

JOHN SERTICH CHAIRMAN  
PM BELLVILLE IL 62220 ST CLAIR COUNTY  
CELL: 618 830 6535  
JMSERT@HOTMAIL.C

RUTHIE CAUBLE  
RETIRED PM  
FRANKLIN COUNTY  
CELL: 818 435 3222  
HOME: 618 218 5608  
NAPUSPM@HOTMAIL.COM

EDMUND CARLEY  
PO Box1  
LINCOLN,IL 62656  
CELL 217 899- 9256

MORRIE SMITH  
JACKSONVILLE ,IL  
CELL 217-473-0650  
MORRIESMITH60@GMAIL.COM

PAM BARDELL  
POSTMASTER DIXON IL  
815 -284-6015 WORK



**UPMA PAC FOR  
POSTAL MANAGERS  
MEMBERSHIP CONTRIBUTION**

I'll do my share. Enclosed is:

\$10                      \$25                      \$50                      \$100  
Other \_\_\_\_\_                      Cash                      Check

Name \_\_\_\_\_  
Address \_\_\_\_\_  
\_\_\_\_\_

Please return this with your contribution to:  
LARRY WIENEKE  
HC 61 Box 13B, Hardin, IL 62047-9702.

**SCHOLARSHIP DONATION  
FORM**

Make a tax deductible contribution today.

Name \_\_\_\_\_  
Address \_\_\_\_\_  
\_\_\_\_\_

Donation Amount    \$ \_\_\_\_\_

(OPTIONAL)  
IN MEMORY OF \_\_\_\_\_

Please include name and address of family so I can send them notification of the memorial donation.

IN HONOR OF \_\_\_\_\_

Please include address \_\_\_\_\_

Mail completed scholarship form to:

Illinois UPMA Scholarship Fund  
Steve Hall  
8906 Burton Rd.  
Wonder Lake IL 60097-2255

**Upcoming  
Event**

2017 State Convention  
April 6th-8th  
East Peoria ,IL

2017 UPMA Convention  
August 5th-10th  
Louisville,IL

